



Protecting Our Greens

Thanks to everyone who contributed to the purchase of our long green mats. We will have them at our club in the near future.

The new mats are easy to use...no nails. Just drag the mat on to the green placing it wherever you want the delivery mat to be. Then lay the edge of the delivery mat over the leading edge of the long mat. When you are finished take both mats off the green. Please use these whenever the surface is soft and you are making divots with your delivery.

You have probably noticed that the first place to develop bare spots on a green is right where you deliver the bowls. This results from overuse of the same spot. Please vary the position of the delivery mat every time you begin an end. Varying the length by a foot or two will help. Why not give your opposition a challenge...move the mat half way to the hog line or even right up to the hog line!

Thanks for your cooperation.

Les

Training Tips: Back to the Basics

Have you ever wondered what makes a bowler a great bowler? Do you ever wonder what it takes to win the big game or maybe just make it to the next level of competition?

It's all about the fundamentals and more importantly, a consistent draw.

You may hear other bowlers joke around saying "It's a draw game" when someone makes an amazing drive or knocks out a bowl for a big score. In that little joke is a larger truth. Being able to draw well (and consistently) will win you more ends and more games than having any other shot in your arsenal. Personally I would rather be

every time than be able to destroy a head with an explosive drive. A good draw can help you turn 1 point into 2 points or could turn an opponent's score from a 3 to a 1 and in a tight game that's a huge advantage.

Here's a quick drill to try out if you ever get out practicing. It's simple and straight forward, but I think it's one of the best drills I do to improve my draw as well as get in a good warm-up before I start trying harder shots.

The Caterpillar

This is a very simple drill where you set up a green, but you will not use a jack. Start by rolling you first bowl along any given line with any weight you choose. The key to this drill is to get the rest of your bowls down the same line with the same weight so you land all four bowls within a 2 foot radius of each other. The reason this is called "The Caterpillar" is that a perfect end should end up looking like a caterpillar with all four bowls resting on each other in a line. This helps work on your line and weight and most importantly, your consistency. Being able to throw the same bowl over and over is the ultimate goal in bowls.

I generally use this for about 4-5 ends to warm up before moving on to harder drills, but this can also be used in larger quantities to work on your draw game. To add a factor of discipline to the drill you may also want to try going up the green to retrieve any bowls you throw more than two feet short of the initial bowl and re-play them. This can help train your mind to never throw a short bowl, always be up to the head.

Give this a try and see if it helps your game, any time you can improve your draw you are taking a huge step in the right direction.

Darryl Fitzgerald

HOW TO BEHAVE ON THE LAWN BOWLING GREEN

Are you thinking about entering a tournament for the first time? This might help you to prepare for it. If you are experienced, this might remind you of something you have been forgetting. Etiquette in lawn bowling consists of good sportsmanship and good manners, to help everyone enjoy themselves and have fun. Here are some simple rules.

1. Try to learn the laws of the game and observe them.
2. Shake hands and introduce yourself at the beginning of the game. Shake hands again at the end of the game (even if you lost!!)
3. Be ready to bowl when your turn comes, so as not to slow up the game. Keep interested in how the game is progressing.
4. When you are about to deliver a bowl, stay on your mat and wait for instruction from your skip. After delivering your bowl, stay on the mat to see where your bowl lands.
5. Do not chatter or distract a player preparing to deliver a bowl. Stand back and speak quietly. When you are behind the jack, stand at least a metre behind and stay motionless when someone is delivering. Movement is very distracting to the other players.
6. Remember the “possession of the green” law. You can only communicate with your team when in possession of the green. Be sure you stay out of the head when the opposition is in possession.
7. Compliment a good shot, whether it is from your team or the other team. Never criticize a bad shot! Admit a “fluke” or lucky shot.
8. Don’t jump around on the green. Protect the green by delivering your bowl as smoothly as you can. The grass is very special and quite delicate.
9. Respect the decision of the umpire.
10. Try to be a gracious winner and a good loser.
11. In tournaments away from home, NEVER criticise their greens or brag how much better yours are! You are a guest at their club.

Irene

“History Rules” A play in two acts by Joe Murphy (who wants to remain anonymous)

Act 1

Scene. Ancient Caledonia.

Two hairy locals, Stuart and Alexander, are playing a game of ‘Whack’. Whack involves whacking a ‘wee’ pebble ‘wi’a’ big stick ‘t see’ who can whack it the farthest.

‘WHACK’ “WEEEE” “CLUNK” (sound effects)

“Did y’e no see that Alexander, ma wee pebble went doon yon wee hole”

“Aye, I did Stuart. (a long thoughtful pause)

Am goin’ t’ whack ma wee pebble doon the wee hole too, as well”

‘WHACK’ “WEEEE” “RATTLE RATTLE RATTLE” (sound effects, nae clunk)

“Ha har Alexander. Y’ missed !

“A’l try a’gen. - - - Fre’ here this time Stuart”

(The interlocutor speaking on stage.)

And so, with a simple rule change, was born the game of ‘Flog’. It mattered less how far the wee pebble could be whacked.

Though this was still important to reach way out yonder wee holes. Players were more concerned with how many whacks to get the wee pebble in the wee hole. The game of whack was still played in Hibernia and other far islands.

However, Flog was the Caledonian game of choice.

The wee pebble became known as a “bol” and the big stick a ‘club’.and the game was played as far to the south as the Kingdom of Albion.

Act 2

Scene. Ontario Canada. ‘The Township of Sandhills’.

Four persons seated at a table about to begin a game of cards.

Player A; “And who shall be the first dealer, then?”

Player B; “You deal the cards face up and the one to get first Jack is the dealer.”

Player C; “No no. ‘B’ and I, we will cut the cards, aces count low and the lowest cut deals”

Player D; “ I agree with ‘C’ except that aces are high and the highest cut deals”

All players, now talking in low tones “Hubbub Rhubarb Hubbub Rhubarb”

All are wondering. What card game are they going to play?

Player A, “So what are the rules?”

Player B, “Well it is certain that different rules make a different game.”

Player C, “They also make a different way to play a game, a different strategy.”

Player D, “And results will be different too, as well, also, I think.”

A larges sign is displayed on stage

RULES DO MAKE A DIFFERENCE.

Epilogue.(The interlocutor speaking on stage)

“And so dear bowlers, learn “the laws of the game, and the rules of play in local events. Impress your many friends and astound the draw master who thinks you cannot read.

Farmington State to Headline Fall Concert

On Friday night, September 30, 2011 The Registry Theatre will be filled with Good Old Country Music. Farmington State is a local Country Western Band that plays with lots of energy and excitement. The band is made up of five highly talented musicians playing a variety of instruments including the banjo, violin, slide guitar, drums as well as the standard acoustic guitars and bass.. Also included in their program is Celtic music and Irish step dancing. Your ticket will entitle you for chances to win an interesting array of door prizes. Hot apple cider and cookies will be served at intermission. This will be an evening of fun for all ages and tickets will be on soon and are only \$25.00. The capacity of the Registry Theatre is 150 seats so get your tickets early to avoid any disappointment. Ticket sales are in the capable hands of **Jean Brighton** so see her now to reserve your tickets.

Kudos to Warren Gregg

Everyone knows Warren Gregg. Remember he is the one who talked Danby into donating several freezers, which we raffled off, making money for our club. He also talked Nestles into donating bottled water to our club and again we made money. What about the Fowl Tournament when Warren buys, at wholesale prices, wonderful pieces of chicken, turkey, duck, etc. for prizes. He also helped organize the Nationals which were so very successful.

My reason for writing this article is watching Warren last Friday night. He organized a committee and we came up with this, what I thought, was a great idea for FUN FRIDAYS, eating pizza, fun bowling and playing games, cards, etc. It has been so disappointing to see the low number of members attending a really great night. Back to last Friday where I watched Warren go out and pick up pizza and great chicken wings (he had already organized the kitchen since no kitchen help was there). He organized a fun jitney, then served the food. Now Saturday at the President's Tournament where he organized the Jitney, collected money, etc. At the end of the event he was checking scores to find the winner and a junior bowler was helping because he is blind in one eye and couldn't read the scorecards.

Warren drives in from Guelph almost every day to bowl and volunteer and everyone is aware of the price of gas to make that trip. Warren is an example for all members of what volunteering is all about. Members who come to bowl (and nothing else) should look to Warren. Who do you think sets up the greens so you can bowl? Who do you think verticuts the greens so they are so perfect? Who do you think organizes jitneys and tournaments so you can bowl and have fun? Who do you think serves you a nice cup of tea and a cookie? Its volunteers. Let the club know you appreciate what the volunteers do and do some volunteering too.

Barb McGlogan

HELP !!! Volunteers needed for the Special Athletes

At our Spring Meeting, Jim Wise and his son Nathan, a special athlete, made a plea for volunteers to help coach the special athletes on Wednesday evenings. There was a second group of 12 or more waiting in the wings to come. Without any new coaches, this group would be turned down. Our Mission Statement proudly states that we provide programs to bowlers of "all age groups and abilities." How could we ignore Jim's request? Ed Edwards and I have signed up to help, but we need more hands. The "coaching", for lack of a better word, is more of the mentoring and supervising type: lining up your group of 4 bowlers, putting the bowl in the bowler's hand, cheering on the group and celebrating every little triumph. How satisfying and joyful is it to be given a chance to mingle with this group of young adults? Last week, this fellow who had trouble speaking clearly, came up to me, hung onto my arm for support, and pointed to the clubhouse. "Are you the owner?" he asked. I nodded. "Wow," he said. "Thanks for inviting us to come to your house!" If you can spare us an hour or so of your time on Wednesday evenings, even if it's only one Wednesday a month, see you at 7. Then we can all "own" the clubhouse!



The Prez Says

Are you busy rolling your bowls? I have family members who have already been in several tournaments and two district playdowns! Last week when our "boys" -- Darryl Fitzgerald (Don's son), Andrew (my son), Kevin Schinbein (Etta's son), and Derrick Bruder (the "father" of Thor) -- were representing District 7 at the provincials in Sarnia, they came oh-so-close to winning the silver medal. That was bittersweet because they had already avenged previous losses! Thanks to the lack of co-operation from Mother Nature, our Open House this year was a wash-out (literally and figuratively) even though we did extend it by another week. That said, the new bowlers -- fewer in numbers than in previous years -- are certainly worth their weight in gold. Let me introduce you to Fred Clark, who should be renamed "Fred Gung-ho." Fred is a returnee to the sport of lawn bowling. Not one to waste time, Fred joined our club at the first Open House, played in all the jitneys, and entered the district playdowns for the 4's two weeks later. Not only did he join the Thursday morning verticutting crew (Les sure knows how to spot the hard workers!), but he was the one who set up the greens on his own -- all 16 rinks! -- for the Monday night singles. How keen is Fred? On the second week of the Tuesday night league, he showed up with \$10, thinking that the cost was \$10 per week, as opposed to \$10 for the whole season. If you think that Fred's size 4 bowls look somewhat familiar, it is because Fred is using the late Charlie Kruse's bowls. I know that Charlie would have been very happy to see his love of the sport being carried on by Fred. May the sun shine on your bowls this summer!

Truitje

HGLBC wins Memory Gardens Open

On Tuesday June 21 The team of Les and Bev Houston and lead Marie Carey were successful in warding off all opponents to capture first place in the Memory Gardens Open Tournament. Well done and congratulations.

Club Members raise over \$700.00

On April 30, 2011 several members of Heritage Greens Lawn Bowling Club took part in a Bow-lathon to raise money for the Waterloo Regional Suicide Prevention Council. Jean and Bob Brighton, Karen Kirk, Helen Carr, Connie Steinman, Hazel Reid and cheerleaders Shirley Filsinger, Isabel Bruce and Bev Hitchman took part in the event. A total of about \$20,000 was raised and the Heritage Green members contributed over \$700.00 of this total through pledges they received.

The Presidents Trophy 2011



The Presidents trophy tournament was held on June 11 and consisted of 3 eight end games. A draw was made at the first of the afternoon and the again after each game. Each player recorded their score for each game and awards were awarded to the skip, the vice and the lead with the highest total points for the afternoon. After the smoke cleared the ring master Warren Gregg awarded the skips prize to Andy Jeremias, the vice to Janet Scullian and the lead to Truidy Stemkins. There were 30 members that took part and a great afternoon was had by all. Congratulations to the winners



Meet Some of Our New Members

Heather Wakeling

My husband Ted Wakeling, joined last summer and very much enjoyed the friendly club and learning to bowl. I came with Ted this year to try it out and decided to join. Other activities include tennis & music. Heritage Greens is definitely worth the drive from Heidelberg, with your very welcoming (and patient!) members!

Fred Clark

I am married (32 years) with 3 adult sons.

I am just recently retired from Canada Post after 36 years of employment. The last 10 years I was retail lead hand at the Waterloo Post Office. I was also a peer trainer and since 2006.

I began Lawn Bowling in Stratford about 40 years ago (at a very young age) and played for a couple of years until jobs and girls took over my life. This is my first year back since 1972 and am thoroughly enjoying the game once again.

Hobbies include 5 Pin Bowling. I have been active in the 5 Pin game my entire life. I coached Youth Bowling for 34 years and was proud to participate in many Provincials. Coaching adults has taken me to 14 Ontario Championships and Nationals as coach of Ontario Ladies' Team in 1996. I have been a long time

volunteer with the Ontario 5 Pin Bowlers' Association and have held many executive positions.

I hope to enjoy many years of membership at Heritage Greens and hope to convince my wife that Lawn bowling will be a new passion for her as it is for me.

Joyce Owen

I retired from the workforce last July. Through work I met two members of the Heritage Lawn Bowling Club and they encouraged me to come out and try

lawn bowling. I am so very glad I did accept their invitation as I am thoroughly enjoying the experience. I have varied interests. Family is a top priority for me. I enjoy gardening, golf and now lawn bowling during the warm season. In the winter I enjoy doing stain glass, home decorating, reading, theatre and going to the Kitchener Ranger Hockey games.

Mary Barter

I'm retired for 6 years now. I was looking for outdoor interest when I came upon your add at the library. I'm struggling but loving every minute. Originally from England Three kids 8 grandchildren keep me busy. Love the theatre look forward to meeting all the members.

Phyllis O'Callahan

My Neighbour, Glenna Smith read about the Heritage Greens Lawn Bowling Club in the paper. She was interested and asked me to come along. I have lived in Kitchener for 22 years. My husband retired from the Armed Forces after 38 years of service and we retired here. He was originally from Cambridge (Preston) Ontario. Being a military wife we lived in various places including France and the U.S.A. I have a son and a daughter both born in Ontario. I enjoy 10 pin bowling in the winter and belong to a ladies bridge group. O

Jacqueline Nolan

I was born in the small town of Acton, where I lived until we came to Waterloo over 30 years ago. While employed I worked in Medical offices and at Waterloo Regional Health Unit. After retiring my interests in Kitchen Bridge, walking, a good novel, and Politics (although my interest in that has waned of late). I have volunteered at Hospice for several years. My daughter Kathleen's dog, Henry, also takes some of my time and patience. My bridge friend Catherine Becker, to whom I had mentioned my interest in Lawn Bowling asked me to come out to the Open House and here I am, a new member, in your convivial and friendly club.

Glenna Smith

I have led a very normal life with not much excitement to talk about. I have lived in Kitchener now for 20 years. I did bowl many years ago in Chesley and Hanover, but that was over 30 years ago. I sell Avon and try to go to the gym (Curves) at least 4 times a week, all this is pretty boring stuff. I was bowling to-day and find the people at the Club so considerate and friendly and helpful. Perhaps sometime when I am there we can meet.

Anne Patterson

I'm a new member this year and so far so good. Anne Patterson is my name. I'm still working part-time, so I can't get out as often as I might like. I curl at the Granite Club, so I heard about Heritage from some of the members there. I like to walk, canoe, and kayak and if anyone needs information on where to put in or take out on the Grand River, I could help.